

How to Make a Mongolian/Viking Helmet Cover

by Ysabeau Tiercelin, mka Phoebe Waller-Sharp

This is similar to making a duct tape double for sewing garb. The big problem I had when trying to cover my helmet was that it was not a regular shape - more like an oval, but deeper in the back. This process makes it easy to make a custom pattern for your specific helmet.

1. Tie a t-shirt or other knit fabric over your helmet.
2. Pull it down tight.
3. Cover everything with duct tape.
4. Draw quarter lines from front to back in the middle and side to side in the middle.
5. For this one, it ends at the bottom of the helmet and has a fur piece that goes all the way around, so we also drew a circle around the bottom, above the brim.
6. When the four quarters are sewn together, the fur is attached around the outside. The fur sits on top of the brim, effectively hiding it. This also works for brimless helmets as well.
7. Remember to add the appropriate seam allowance when cutting out your covering fabric, and add to the bottom for your hem. You can also make a duplicate cover as a lining, and then just stitch the two together to eliminate the bottom hem.
8. I attach this to my helmet with two leather ties on each side - they tie on to the chin strap - thus it is easily removed for regular use.



Finished product on the next page!

The cover has been removed from the helmet - you can't see the lines very well, sorry, but it is about to be cut into quarters.



A view of me wearing it.
A closer view of a young SCAdian on our
KEO's wooden squire horse - you can see
here how the brim hides under the fur (on an
adulte rider with the helmet seated properly).

